





2017 US Express Elite/Track Adiktz All Comer Series

Series# 1 – March 19th Series# 2 – April 2nd Series# 3 – May 7th

Broadmoor High School Baton Rouge, LA

Field Event Begin: 2:30 pm Running Event Begin: 4:00 pm

Meet Director: Byron Turner Ph: 225-892-3489

Email: byronturner@usexpresstrackclub.org

ENTRY INFORMATON AND INSTRUCTION

AGE DIVISIONS

	YEARS BORN	Age (As of December 31, 2017)
Open	1988 - 1997	
Masters	1987 or earlier	30 yrs and older

Entry Procedure

1. All entries will be done electronically through www.athletic.net

2. Entry Deadline is for each event:

a. Event #1: March 19th: Deadline: March 15th at 10pm
 b. Event #2: April 2nd Deadline: March 29th at 10pm
 c. Event #3: May 7th Deadline: May 3rd at 10 pm

3. Entries may be made as early as <u>Sunday, March 1st</u>. You may make changes on line as often as you wish until the entry deadline.

Entry Fees

- 1. Entry fee
 - a. \$15 per event if paid prior to deadline noted in Entry Procedure #2
 - b. \$25 per event if paid after deadline

PACKET PICKUP

Coaches can pick up their team's meet packet on west side of stadium at least 1 ½ hour prior to the start of the first event. Unattached athletes should collect their packets from same area during same time.

SANCTION

Event is being Sanction by USATF.

MEET PACKETS

Packets may include time schedule, wrist bands and bib numbers.

MEET ADMISSION

General Public Admission cost is Free

ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

US Express All Comer Series Broadmoor High School Baton Rouge, LA

Meet Schedule

Event Finals

	EVENT	All-Comer #1 March 19 th	All-Comer #2 April 2 nd	All-Comer #3 May 7 th
2:30 PM	Javelin	X		X
	Discus		X	
	Shot Put (After Javelin/Discus)	X	X	X
	High Jump	X	X	X
	Long Jump	X	X	X
	Triple Jump (After Long Jump)	X	X	X
4.00 DM	1500 D 11-	V	V	V
4:00 PM	1500m Racewalk	X	X	X
	400m Hurdles 1500m	X X	X X	X X
	100m	X	X	X
	800m	X	X	X
	400m	X	X	X
	3000m	X	X	X
	200m	X	X	X
	4x100m	X	X	X
	4x400m	X	X	X

Registration form (Masters Only)

Entry fees: \$15 per event

Register at www.ath	<u>letic.net</u> or mai	l in this form			
Check the event yo	ou plan to atte	nd:			
Event #1: March 19 th :Event #2: April 2 nd Event #3: May 7 th		Deadline: March 15 th at 10pm Deadline: March 29 th at 10pm Deadline: May 3 rd at 10 pm		\$15.00 \$15.00 \$15.00	
Name		DOB	Sex	Amount Submitting:	
Address		City	State	Zip	
Phone		Email			
meet from liability re in said track and field Athlete's Signature_	esulting from a d meet.	ny accident and/or	injury that I may sustaDate	and anyone connected with the in while competing or participating ance (if any) in this year:	
Javelin *	100m		400m Hurdle		
Discus ***	200m				
Shot Put	400m				
Long Jump	800m	 .			
Triple Jump	1500m	ı			
High Jump	3000m	ı			
*- Mar 19 th and Mag	y 7th				
*** April 2 nd Only					
Make checks payab	ole to US Expr	ess Track Club			
Mail entry to:	US Express Track Club Post Office Box 46314 Baton Rouge, LA 70895				